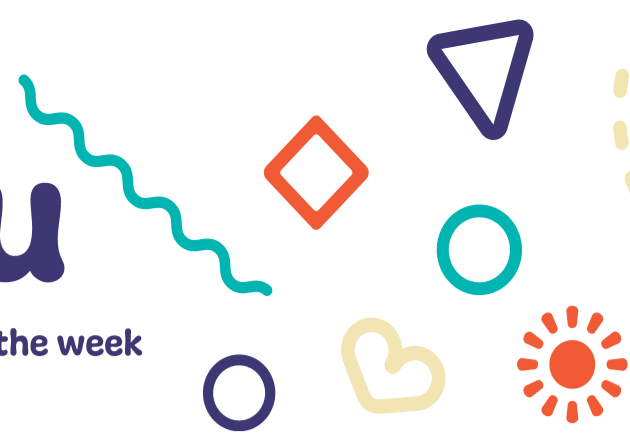




Children's Menu

Please see the board for seasonal fruits and vegetables of the week
and our daily selection of sandwich fillings.



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Morning Tea	Seasonal fruit platter	Seasonal fruit platter	Seasonal Fruit Platter	Seasonal Fruit Platter
Lunch	Baconini Slice with Garden Salad	Assorted Sandwiches with cold meat and salads	Country French Chicken & Herbed Rice	Beef Stir Fry & Vegetables with Hokkien Noodles	Assorted Sandwiches with cold meats and salads
Afternoon Tea	Wholemeal Salada's with spreads & Vegetable Sticks	Banana Muffins with Vegetable Sticks	Assorted Sandwiches & Vegetable Sticks	Rice Cakes with Spreads & Sultanas with Vegetable Sticks	Onion Dip with Crudites and Crackers
Fluids	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water
Late Snack	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Morning Tea	Seasonal fruit platter	Seasonal fruit platter	Seasonal Fruit Platter	Seasonal fruit platter
Lunch	Assorted Sandwiches with cold meat and salads	Creamy Coconut Chicken Curry with Rice	Assorted Sandwiches with cold meat and salads	Pork Sausages with Mash, Vegetables and Gravy	Beef Chop Suey
Afternoon Tea	Rice Crackers, Cheese Cubes, Sultanas & Vegetable Sticks	Fruit Loaf with spreads & Vegetable Sticks	Pineapple Cake with Vegetable Sticks	Assorted Sandwiches with Vegetable Sticks	Wholemeal Salada's with spreads & Vegetable Sticks
Fluids	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water
Late Snack	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Morning Tea	Fruit Salad with Yoghurt Drizzle	Seasonal Fruit Platter	Seasonal fruit platter	Seasonal Fruit Platter
Lunch	Tuna Mornay Pasta Bake	Assorted Sandwiches with cold meat and salads	Tex Mex Chilli Bowl with Corn Chips	Vegetable Mac & Cheese	Assorted Sandwiches with cold meat and salads
Afternoon Tea	Vegetable Sticks, Corn Chips & Salsa Dip	Coconut Slice with Vegetable Sticks	Rice Crackers, Cheese Cubes, Sultanas & Vegetable Sticks	Wholemeal Salada's with spreads & Vegetable Sticks	Apple & Oat Bars with Vegetable Sticks
Fluids	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water
Late Snack	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
	Morning Tea	Seasonal Fruit Platter	Seasonal Fruit Platter	Seasonal Fruit Platter	Seasonal Fruit Platter
Lunch	Assorted Sandwiches with Cold Meat and Salads	Spaghetti Bolognese	Meatballs in Napoli Sauce with Vegetables & Cous Cous	Assorted Sandwiches with cold meat and salads	Chicken Fajita Pasta
Afternoon Tea	Rice Cakes with Spreads & Sultanas with Vegetable Sticks	Savoury Pikelets with Vegetable Sticks	Fruit Loaf with spreads & Vegetable Sticks	Apple and Cinnamon Muffins with Vegetable Sticks	Rice Crackers, Cheese Cubes, Sultanas & Vegetable Sticks
Fluids	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water
Late Snack	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches